## Allsup Medicare Advisor ${ }^{\circledR}$ Report

## Medicare for Women and Men

## October 2013

Concerns in retirement ..... 2-3
Primary source of income in retirement ..... 4
Financial planner and Medicare discussion ..... 5
Health insurance coverage in retirement ..... 6-7
Medical costs and decisions in retirement ..... 8-10
Checklist for couples ..... 11
Methodology \& background ..... 12-13 Women reported being more worried than men in four categories of retirement concerns, with the future of Medicare coverage topping the list.

## Concerns in Retirement



Thinking about retirement, are any of the following concerns for you?
(Multiple Responses)

Contact: Allsup Medicare Advisor for individuals, (866) 521-7655, and financial planners, (888) 220-9678. Women are significantly less confident than men that they have saved enough for healthcare costs in retirement.

## Confidence in Healthcare Savings for Retirement



Overall, are you confident that you have saved
enough to cover healthcare costs in retirement?

Contact: Allsup Medicare Advisor for individuals, (866) 521-7655, and financial planners, (888) 220-9678. in retirement.

Primary Source of I ncome in Retirement


Contact: Allsup Medicare Advisor for individuals, (866) 521-7655, and financial planners, (888) 220-9678. Of those seniors using a financial planner, few women or men said they had discussed Medicare with their planner.

Financial Planner and Medicare Discussion


You said you'd worked with a financial planner for assistance with financial planning. Did you specifically discuss Medicare with this individual?

Contact: Allsup Medicare Advisor for individuals, (866) 521-7655, and financial planners, (888) 220-9678.

Fewer women than men have retiree healthcare coverage through a former employer or a spouse's employer.

## Retiree Healthcare Coverage



Do you have retiree healthcare benefits through your former employer or your spouse's former employer? (In addition to Medicare)

Contact: Allsup Medicare Advisor for individuals, (866) 521-7655, and financial planners, (888) 220-9678.

Allsup Medicare Advisor ${ }^{\circledR}$ Report: Medicare for Women and Men
Women and men have different concerns about healthcare costs in retirement, with women's top concern rising premiums and men's leading concern out-of-pocket costs.

## Health Insurance Cost Concerns



Contact: Allsup Medicare Advisor for individuals, (866) 521-7655, and financial planners, (888) 220-9678.

## Budgeted Annual Healthcare Cost Increase



> Thinking of your future healthcare costs, have you budgeted an annual increase as part of your planning?

Contact: Allsup Medicare Advisor for individuals, (866) 521-7655, and financial planners, (888) 220-9678. more likely to have saved more than $\$ \mathbf{2 0 0 , 0 0 0}$ for healthcare costs.

Saved Specifically for Healthcare Costs


Saved \$200,000+ for Healthcare in Retirement


How much did you specifically save for healthcare costs? (Among respondents who saved for healthcare in retirement)

Contact: Allsup Medicare Advisor for individuals, (866) 521-7655, and financial planners, (888) 220-9678.

Allsup Medicare Advisor ${ }^{\circledR}$ Report: Medicare for Women and Men
Women are more likely than men to change some behaviors to make up for unexpected costs or to save money on healthcare.

## Consumer Healthcare Choices



Contact: Allsup Medicare Advisor for individuals, (866) 521-7655, and financial planners, (888) 220-9678.

Once one or both partners reach age 65 and become Medicare eligible, their healthcare choices may not follow the same path.

## Checklist: Medicare Discussion Topics for Couples

Timing. Reaching 65 triggers the initial enrollment period. However, financial advisors should begin discussions with clients about Medicare needs well before this to get an understanding of the coverage options they may have and require (e.g., retiree coverage, spouse plan), and the impact on the clients' finances.

Dependents. If the couple was using employer insurance from the spouse who now is transitioning to Medicare, they need to consider the other spouse's coverage as well as dependents on their coverage. Dependents can include adult children, who now may be on a parent's policy until age 26 . Private health insurance may need to be purchased.Alternatives. Couples with one spouse still working may want to review all their options for healthcare coverage, including comparing the costs of group health plan coverage with Medicare.

Differences. Spouses often are better off choosing different Medicare plans because personal health needs are not the same. For example, one spouse may choose a supplemental plan (Medigap) to go with original Medicare, while the other spouse enrolls in a Medicare Advantage plan for a special health condition.

Death of a spouse. When a couple has retiree healthcare benefits and the spouse holding those benefits dies, this may affect the surviving spouse's healthcare benefits.

Contact: Allsup Medicare Advisor for individuals, (866) 521-7655, and financial planners, (888) 220-9678.

## Allsup Medicare Advisor® ${ }^{\circledR}$ Report: Medicare for Women and Men

## Methodology \& Demographics

- The Allsup Medicare Advisor ${ }^{\circledR}$ Report: Medicare for Women and Men is based on findings from the 2012 Allsup Medicare Advisor ${ }^{\circledR}$ Seniors Survey, an independently conducted telephone survey of 1,000 randomly selected individuals 65 years of age and older who have Medicare coverage.
- Results are weighted to reflect current U.S. Census data.
- The survey was conducted between July 5-11, 2012, by Market Probe, a market research firm based in Milwaukee.
- The survey is subject to a +/- 5 percent margin of error.
- The contents of this report focus on the overall group by gender and additional subsets, including seniors who use a financial advisor for retirement planning, $n=331$; and seniors who saved for healthcare expenses in retirement, $\mathrm{n}=312$.

Contact: Allsup Medicare Advisor for individuals, (866) 521-7655, and financial planners, (888) 220-9678.

| Age | Total <br> $(\mathbf{n}=1000)$ | Use Financial <br> Advisor <br> (n=331) |
| :---: | :---: | :---: |
| $65-69$ | $31 \%$ | $33 \%$ |
| $70-79$ | $41 \%$ | $40 \%$ |
| 80 and over | $28 \%$ | $27 \%$ |
| Gender |  |  |
| Male |  |  |
| Female | $43 \%$ | $47 \%$ |
| Retirement Savings | $57 \%$ | $53 \%$ |
| Less than \$100,000 | $34 \%$ | $22 \%$ |
| \$100,000+ | $24 \%$ | $40 \%$ |
| Not sure/Refused | $42 \%$ | $38 \%$ |
| Health |  |  |
| Good or Better | $73 \%$ | $83 \%$ |
| Fair | $17 \%$ | $11 \%$ |
| Poor | $7 \%$ | $4 \%$ |
| Region |  |  |
| South | $37 \%$ | $28 \%$ |
| Wortheast | $25 \%$ | $31 \%$ |
| Widwest | $21 \%$ | $22 \%$ |
| West | $17 \%$ | $19 \%$ |

## Allsup Medicare Advisor ${ }^{\circledR}$ Report: Medicare for Women and Men

## About Allsup

The Allsup Medicare Advisor ${ }^{\circledR}$ service is an affordable, flat-fee based Medicare plan selection service for Medicare-eligible individuals. The service helps people choose the most affordable and appropriate plan for their specific healthcare needs. Allsup professionals examine someone's Medicare options to provide an indepth, comparative analysis and combines one-on-one personal guidance with convenient access to online features.

The Allsup Medicare Advisor has features that help financial advisors guide their clients to the Medicare plans that match their specific lifestyles, budgets and healthcare needs. Financial professionals also can receive a Financial Advisor Client Summary that outlines their clients' Medicare decisions and their estimated annual healthcare insurance costs. Employers also use Allsup Medicare Advisor for their employees who are retiring and transitioning to Medicare.

Allsup is a nationwide provider of Social Security disability, veterans disability appeal, Medicare and Medicare Secondary Payer compliance services for individuals, employers and insurance carriers. Allsup professionals deliver specialized services supporting people with disabilities and seniors so they may lead lives that are as financially secure and as healthy as possible. Founded in 1984, the company is based in Belleville, III., near St. Louis. For more information, visit www.Allsup.com.

## Allsup contacts:

Rebecca Ray, (800) 854-1418 ext. 65065, r.ray@allsupinc.com
Mary Jung, (773) 429-0940, mtjung@msn.com

Contact: Allsup Medicare Advisor for individuals, (866) 521-7655, and financial planners, (888) 220-9678.

